DECEMBER 2021

# AFRICAN PARTNERS MEDICAL

#### A Year in Review: How APM Adjusted to COVID in 2021

Despite limitations due to COVID-19 prevention, APM still managed to achieve relative success in 2021. Collectively, between Ghana and Nigeria more than 1700 medical professionals were trained on topics ranging from trauma evaluation technics to COVID-19 myths and facts to Basic Life Support trainings. The support from sponsors, donors, volunteers, and partners carried us through these unprecedented times as we continued our fight to prevent needless death in Africa.

#### TABLE OF CONTENTS

APM - GHANA 2021 HIGHLIGHTS & ACHIEVEMENTS

APM - NIGERIA 2021 HIGHLIGHTS & ACHIEVEMENTS

YOUNG DOCTORS AND NURSES VIRTUAL TRAINING CONFERENCE

LOOKING AHEAD - APM IN 2022

## APM - Ghana 2021 Highlights & Achievements

Altogether, in 2021, 1,631 participants from a wide array of healthcare specialties participated in 20 different training sessions across nine different regions in Ghana. Practitioners who were trained this year included:

- 308 doctors, physician assistants, and anesthesiologists
- 405 nurses and midwives
- 94 pharmacists and pharmacy assistants
- 33 from varying corporate agencies

The workshops this past year were as diverse and holistic as the participants. Topics such as COVID-19: Myths and Facts, Advanced Cardiac Life Support, Ethics and the Law in Public Health and Management of Seizures and Epilepsy are just some of the learning opportunities APMG offered participants.



# APM - Nigeria 2021 Highlights & Achievements

After taking a hiatus in 2020, APM-Nigeria (APMN) and Jos University Training Hospital (JUTH) hosted their annual Continued Medical Education (CME) program. The theme for this year's CME conference was, "The Return of Infectious Disease". The 105 participants who attended this year conference left with improved lifesaving and researching skills.

This year, AMPN added a new session dedicated to medical students and young doctors titled, "Becoming a doctor survival kit". This workshop addressed challenges new doctors in Nigeria can expect to encounter early in their medical careers.

APMG reported the following workshops to have the highest number of attendees in 2021:

- The Prevention of Mother Child Transmission of the Hepatitis B. Virus,
   780 Participants
- Basic Life Support Skills
   Testing, 484 Participants
- Evaluation and Advanced Cardiac Life Support,
   332 Participants

In addition to the trainings, APMG also led a massive campaign delivering 150,000 face shields throughout Ghana in attempts to help slow the spread of COVID-19.

To learn more about APMG and how to get involved please contact us via email at:
David Frempong cwayo2013@gmail.com



Medical Professionals at Jos University Training Hospital and APM Personnel simulating technics



2021 JUTH APM CME Participants after a successful training

A major highlight for APMN and JUTH came when they awarded 66 of the 105 attendees with scholarships to attend the conference.

APM complemented the scholarships with \$3,985 monetary donations.

To learn more about APM-Nigeria contact Dr. Bash Ismalia at bashomeiza@gmail.com

#### Young Doctors and Nurses Virtual Training Conference

To close out the year APM hosted a virtual four-hour training session for Young Doctors and Nurses. Approximately 40 individuals were in attendance for this event. The topics for this year's conference were as follows:

- Incorporating Mental Health Evaluation in General Practice: Impact of Covid-19
- Neonatal Hypoglycemia
- Basics of Cardiac Imaging
- Assessment of Autism Spectrum Disorder

Through generous monetary donations, APM was able to purchase a Zoom subscription that allowed facilitators of the virtual conference to create breakout rooms allowing participants to have more direct conversations with the faculty trainers. The wonderful faculty who helped make this year's virtual conference possible, were recruited from primarily around Ghana or had participated as trainers in past year events that were in-person.

APM would like to thank the following trainers for graciously giving their time and expertise to our attendees: Dr. Ben Acheampong, Jenny Czapiewski (RN), Dr. Zaneta Forson-Dare, Dr. Malinda Harris, Dr. Jay Homme, Sarah Huiskes (LICSW and MSW), Dr. Jemima Kankam, Dr. Sunil Mehta and Terri Riffle (RN).

### Looking Ahead - APM in 2022



Preparation for 2022 trainings and workshops is currently underway and being led by APM's Educational Planning Team. One of the premiere kickoff events is a three-day conference for young doctors and nurses that is slated to take place sometime in Q1 of 2022 in Elmina, Ghana.

Throughout the three days, the young doctors and nurses will participate in team building exercises, have direct interactions with experienced and reputable faculty members, and gain hands on practical training simulating real life experiences.

The cost of registration will range between \$300.00 to \$500.00 USD. The registration costs cover living accommodations, food, equipment, supplies, among other items and services. Thanks to the generosity of APM donors 85 percent of the registration costs will be subsidized on behalf of the young doctor and nurse who attend. The training faculty for the conference relieved APM of additional costs after agreeing to cover their own expenses.

If you would like to help offset the cost for a young doctors and nurses seeking to prevent needless death in Africa, please consider donating by <u>clicking here</u> or enter <u>africapartnersmedical.org/donate</u> into your web browser.

Keep an eye on your inbox for additional 2022 workshop and fundraiser announcements!

#### Thank you to our Sponsors

APM would like to recognize and thank our corporate sponsors for their support in helping us prevent needless death in Africa.









#### Thank you to our APM-Ghana Partners:

- Ghana Health Service
- Nyaho Medical Centre
- Cape Coast Teaching Hospital
- KNUST Hospital
- Tarkwa Municipal Hospital
- Methodist Hospital Wenchi
- Takoradi Government Hospital
- Wa Regional Hospital
- St. John of God College of Health, Sunyani
- Health Link Limited
- Blue Skies Ghana
- Wa Municipal Hospital
- Tamale Regional Health Directorate
- Bolgatanga Regional Health Directorate
- Greater Accra Regional Hospital
- Medical & Dental Council
- Nursing and Midwifery Council
- Allied Health Professions Council
- Pharmacy Council



# Happy Holidays

African Partners Medical

APM's board and staff has been busy preparing content, developing curriculum, and recruiting volunteers for our 2022 training programs. With continued support from sponsors and well-wishers like you we are poised to have another successful year.

As we come to the end of the year, we are grateful for the health and prosperity of all our donors and supporters.

Happy Holidays, from our families to yours.